



# **Sex and Relationships Education Policy**

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At Excelsior Academy we are committed to providing the best possible learning experience for all our pupils. Our Sex Education and Relationships Policy is an aspect of our wider Personal Social, Health and Emotional Education Policy which aims to promote the spiritual, moral, cultural, mental and physical development of all our pupils to prepare them for the opportunities, responsibilities and experiences of adult life.

To achieve this we will provide a programme of Sex and Relationship Education aimed at helping and supporting pupils through their physical, social, moral and emotional development. It will reflect the aims of The Academy and will include guidance to young people on sexual and relationship matters, taking into consideration the diverse needs of all of our pupils. It will be monitored and reviewed at least annually by pupils, staff, parents / carers and Governors

Our programme will;-

- build up knowledge and skills that will enable young people to manage the conflicting pressures they will encounter.
- Make pupils aware of 'risk assessment and management' in these areas
- enable young people to understand and manage physical and emotional changes and variations.

Sex and Relationship Education will be delivered through a number of Excelsior staff members and subject areas including, for example, Science Teachers, Personal Social Health and Emotional Education Staff as well as external specialists and consultants that The Academy may engage from time to time, for example members of nursing, medical or health care staff.

This is a vital part of your child's education. Should you wish your child to be excluded from these lessons please contact school.